

# Infant and Children Over the Counter Medication Dosing

	ACETAMINOPHEN/TYLENOL			IBUPROFEN/MOTRIN/ADVIL						
	Infant Tylenol (160mg/5mL)	Children's Tylenol (160 mg/5mL)	Tylenol Chewable or Adult Tablet (160 mg)	Infant Motrin (50mg/1.25mL)	Children's Motrin (100 mg/5 mL)	Children's Motrin Chewable (100 mg)	Adult Tablet Motrin (200mg)			
6 – 11 lbs	1.25 mL	1.25 mL								
12 – 17 lbs	2.5 mL	2.5mL		1.25 mL	2.5 mL					
18 – 23 lbs	3.75 mL	3.75mL		1.875 mL	3.75 mL					
24 – 35 lbs	5 mL	5 mL	1 tab		5 mL	1 tab				
36 – 47 lbs		7.5 mL	1 ½ tabs		7.5 mL	1 ½ tabs				
48 – 59 lbs		10 mL	2 tabs		10 mL	2 tabs				
60 – 71 lbs		12.5 mL	2 ½ tabs		12.5 mL	2 ½ tabs		1 tab		
72 – 95 lbs		15 mL	3 tabs		15 mL	3 tabs		1.5 tabs		
95 + lbs		20 mL	4 tabs		20 mL	4 tabs		2 tabs		
		<ul style="list-style-type: none"> <li>Take every 4 hours as needed for pain or fever</li> <li>Do not give more than 5 doses in 24 hours</li> <li>Do not use with other products containing acetaminophen (like cough/cold products).</li> </ul>			<ul style="list-style-type: none"> <li>NO MOTRIN FOR INFANTS &lt; 6 MONTHS</li> <li>Take every 6 – 8 hours as needed for pain or fever</li> <li>Do not give more than 4 doses in 24 hours</li> </ul>					

	ZYRTEC / CETIRIZINE		
	Cetirizine Liquid (1mg/1mL)	Cetirizine Chewable (5mg)	Cetirizine Tablet (10mg)
6 months - 2 years	2.5 mL		
2-6 years	5 mL	1 tab	½ tab
6-12 years	5-10 mL	1-2 tabs	½ - 1 tab
12 years +	10 mL	2 tabs	1 tab
	<ul style="list-style-type: none"> <li>Take 1-2 times per day as needed for allergic reaction (including hives).</li> <li>WE DO NOT RECOMMEND BENADRYL. This is due to side effects. Zyrtec/cetirizine is just as effective and quick acting.</li> </ul>		

## ANY QUESTIONS?

Call us at 518-783-2099

